

Savvy Painter

GROWTH STUDIO Week

Money Mindset

Let's take a look at what we think about money and how that impacts our art practice. Ready? Let's do this!

Money Mindset

Understanding what we think about money, and how it impacts our art practice is essential for you to create not just a sustainable art practice, but an abundant one.

How we were raised and our parents' views on money was our introduction to it.

And then we picked up more thoughts and beliefs in school, from our friends, from our friends' parents when we visited their houses, from our teachers and neighbors, and the area we grew up in.

We started having some experience spending money.

Eventually we started earning our own money, and all along we're creating and collecting beliefs about money.

The way you think about money is what will determine how much you have.

So we start with awareness.

Answer all of the questions below with as much detail as you can. You will reveal a lot of your thoughts about money by doing this.

Some thoughts may be helpful. Keep those.

Others are creating results you do not want. Those are the thoughts you will want to examine, question, and change.

I can help you with that. When you join Growth Studio, this is just ONE of the topics I help artists unpack so that they can be confident and powerful in their art practice. When you are ready to join us, [click here](#).

Talk soon,





About Antrese

I'm Antrese Wood - I am the host of the [Savvy Painter podcast](#), I am an artist and a Master Certified business and life coach. I help artists grow into confident and powerful voices.

As artists, our work matters in this world. We remind people of the beauty in this world, we remind them of what it means to be here, having this human experience.

We help them to feel, to connect, and to empathize.

Your work matters, not just to you, but to all of us.

Money Mindset

What did you learn about money from your parents and teachers when growing

Answer here

How have you always thought about money? Include positive and negative thoughts.

Answer here

How much money do you earn now & why?

Answer Here

Money Mindset

What were you taught growing up about rich people?

Answer here

What were you taught growing up about poor people?

Answer here

Money Mindset

How do rich people spend their money?

Answer here

How do poor people spend their money?

Answer here

How do you decide what to spend your money on?

Answer here

Money Mindset

What does money have to do with happiness?

Answer here

What does money have to do with success?

Answer here

How much money do you think you should have now?

Answer here

Money Mindset

**How much money do you think you are capable of making in a year from your art?
Why?**

Answer here

What is in the way of you making that amount of money with your art?

Answer here

Do you believe you're 100% responsible for how much money you make? Why or why not?

Answer here

There's more where this came from

Inside GROWTH STUDIO, I help you unpack your beliefs around money so that you can sell your art with confidence!

Magic happens when we have wholehearted belief in our capacity to create. Love the art, and the artist who makes it.

[Join us now](#)